

CV

PERSONAL INFORMATION

- Name: Vigdis Sveinsdottir
- Date of birth: 06.09.1986
- Gender: Female
- Nationality: Norwegian and Icelandic

ResearchGate profile: https://www.researchgate.net/profile/Vigdis_Sveinsdottir

KEY QUALIFICATIONS

- Project coordination and management
- Randomized controlled trials
- Research expertise within mental health and non-pharmacological interventions; employment and working life; occupational rehabilitation, especially the Individual Placement and Support (IPS) model; and marginalized groups (young adults at risk of disability, people with mental illness, chronic pain conditions, refugees, elderly with dementia).

EDUCATION

2019	PhD: "Supported Employment and preventing Early Disability" Disputation date: September 13th, 2019 Faculty of Psychology, University of Bergen, Norway
2011	Master in health sciences, health promotion Faculty of Psychology, University of Bergen, Norway
2009	Bachelor in work- and organizational psychology Faculty of Psychology, University of Bergen, Norway

CURRENT AND PREVIOUS POSITIONS

2019–current	<u>Senior Researcher</u> (100% position) NORCE Norwegian Research Centre (100% position)
2019–2020	<u>Research coordinator</u> (20% position, "bistilling") Dept. of Pain Management and Research, Oslo University Hospital
2013–2019	<u>PhD Candidate</u> (100% position) NORCE Norwegian Research Centre
2011–2013	<u>Research Assistant</u> (100% position) Uni Research Health, Uni Research

FELLOWSHIPS AND AWARDS

2011	Student Research Scholarship, Department of Health Promotion and Development at the University of Bergen
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MOBILITY (*research stays abroad*)

2015	Dartmouth Psychiatric Research Centre, Geisel School of Medicine, Dartmouth College, NH USA
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PROJECTS

2020–current	<u>Principal Investigator/Project Coordinator</u> , "Music Interventions for Dementia and Depression in Elderly Care (MIDDEL)", funded by EU JPND, 25 mill. NOK.
2021–current	<u>WP Leader</u> , "Ung Support: SE-metodikk som forsterkning av elevrettede tjenester: Implementering og effektmåling av et levekårstiltak i videregående skoler på Agder", funded by the Research Council of Norway, 6 mill. NOK.
2021–current	<u>WP Leader</u> , "PACT: Pathways to Active Citizenship", funded by the Research Council

	of Norway, 10.4 mill. NOK.
2021	<u>Project Group Member</u> , "Unge som står utenfor arbeid, opplæring og utdanning (NEET). En analyse av unge i NEET-kategorien", funded by KS Kommunesektorens organisasjon, 0.5 mill. NOK.
2020–2021	<u>Project Group Member</u> , "Evaluering av tiltaket Syktbrajobb", funded by the NAV, 1.5 mill. NOK (project managed by Oxford Research).
2017–2020	<u>Principal Investigator/Project Coordinator</u> , "IPS for refugees, a randomized controlled trial" (the SER-trial), funded by the NAV, 3.1 mill. NOK.
2015–2020	<u>Project Group Member</u> , "The Effectiveness of Individual Placement and Support in Chronic Pain Patients" (the IPS in Pain), funded by the Directorate of Health (project managed by the Oslo University Hospital).
2013–2018	<u>Project Coordinator/acting Principal Investigator</u> , "Supported Employment and preventing Early Disability" (the SEED-trial), funded by the Research Council of Norway, 8 mill. NOK.
2013–2016	<u>Project Group Member</u> , "Effektevaluering av individuell jobbstøtte (IPS)", funded by the NAV, 8 mill. NOK.
2011–2013	<u>Research Assistant</u> , "Cognitive Interventions and Nutritional Supplements" (the CINS-trial), funded by the Research Council of Norway.

SUPERVISION OF GRADUATE STUDENTS AND RESEARCH FELLOWS

2021	Main supervisor for master's thesis in Health Sciences Faculty of Health Sciences, University of Stavanger
2017–2018	Main supervisor for master's thesis in health sciences – Health promotion Faculty of Psychology, University of Bergen
2014	Secondary supervisor for dissertation in the professional studies in psychology Faculty of Psychology, University of Bergen

TEACHING ACTIVITIES

2021	External opponent for the Research Programme at the Faculty of Health Sciences (forskerlinjen i psykologi) The Arctic University of Norway (UiT)
2018–2020	Sporadic lectures for the professional studies in psychology. Topic: Stress, health & illness University of Bergen (UiB)
2016–2020	External sensor for dissertations in the professional studies in psychology University of Oslo (UiO)
2012–2015	Organizing courses in health psychology for the professional studies in psychology, for 6 semesters University of Bergen (UiB)

COMMISSIONS OF TRUST

2020–2022	Leader of the NORCE Strategic Initiative on Youth Exclusion (konsernsatsning på Ungt Utenforskap"
2022–current	Deputy Safety Representative in NORCE Health and Social Sciences
2019–2021	Safety Representative in NORCE Health
2017– current	Board Member of the Norwegian Society for Health Psychology and Behavioral Medicine (NAMH)
2015– current	Peer Reviewer for BMC Psychology, Journal of Mental Health, Scandinavian Journal of Psychology, Social Policy & Administration, and Trials

MEMBERSHIPS OF SCIENTIFIC SOCIETIES

2019–current IPS European Network

2011–current Norwegian Society for Health Psychology and Behavioral Medicine (NAMH)

Published papers in scientific peer-reviewed journals

Bond, G.R., Al-Abdulmunem, M., Marbacher, J., Christensen, T.N., Sveinsdottir, V., Drake, R.E. (2022). A Systematic Review and Meta-analysis of IPS Supported Employment for Young Adults with Mental Health Conditions. *Adm Policy Ment Health* <http://doi.org/10.1007/s10488-022-01228-9>

Baker, F. A., Lee, Y.-E. C., Sousa, T. V., Stretton-Smith, P. A., Tamplin, J., Sveinsdottir, V., Geretsegger, M., Wake, J. D., Assmus, J., & Gold, C. (2022). Clinical effectiveness of music interventions for dementia and depression in elderly care (MIDDEL): Australian cohort of an international pragmatic cluster-randomised controlled trial. *The Lancet Healthy Longevity*, 3(3), e153-e165. [https://doi.org/https://doi.org/10.1016/S2666-7568\(22\)00027-7](https://doi.org/https://doi.org/10.1016/S2666-7568(22)00027-7)

Rasing, N.L.; Janus, S.I.M.; Kreutz, G.; Sveinsdottir, V.; Gold, C.; Nater, U.M.; Zuidema, S.U. (2022). The Impact of Music on Stress Biomarkers: Protocol of a Substudy of the Cluster-Randomized Controlled Trial Music Interventions for Dementia and Depression in ELderly Care (MIDDEL). *Brain Sciences*, 12, 485. <https://doi.org/10.3390/brainsci12040485>

Sveinsdottir, V., Jacobsen, H. B., Ljosaa, T. M., Linnemørken, L. T. B., Knutzen, T., Ghiasvand, R., & Reme, S. E. (2022). The Individual Placement and Support (IPS) in Pain Trial: A Randomized Controlled Trial of IPS for Patients with Chronic Pain Conditions. *Pain Medicine*, 23(10), 1757-1766. <https://doi.org/10.1093/pm/pnac032>

Fyhn, T., Sveinsdottir, V., Reme, S. E., Sandal, G. (2021). A mixed methods study of employers' and employees' evaluations of job seekers with a mental illness, disability, or of a cultural minority. *Work*, 1 Jan. 2021: 1 – 11. <https://doi.org/10.3233/WOR-213568>

Sveinsdottir, V., Johnsen, T. L., Fyhn, T., Opsahl, J., Tveito, T. H., Indahl, A., Eriksen, H. R., Reme, S. E. (2021). Development of the Workplace Inclusion Questionnaire (WIQ). *Scandinavian Journal of Public Health* <https://doi.org/10.1177/1403494821990241>

Froud, R., Amundsen, P. A., Bartys, S., Battie, M., Burton, K., Foster, N. E., Johnsen, T. L., Pincus, T., Reneman, M. F., Smeets, R. J. E. M., Sveinsdottir, V., Wynne-Jones, G., Underwood, M. (2020). Opportunities and challenges around adapting supported employment interventions for people with chronic low back pain: modified nominal group technique. *Disability and Rehabilitation*, 43:19, 2750-2757. <https://doi.org/10.1080/09638288.2020.1716863>

Sveinsdottir, V., Lie, S. A., Bond, G. R., Eriksen, H. R., Tveito, T. H., Grasdahl, A. L., Reme, S. E. (2019). Individual placement and support for young adults at risk of early work disability (the SEED-trial). A Randomized Controlled Trial. *Scand J Work Environ Health*, 46(1):50-59 <https://doi.org/10.5271/sjweh.3837>

Sveinsdottir, V., Bull, H. C., Evensen, S., Reme, S. E., Knutzen, T., & Lystad, J. U. (2019). A short history of Individual Placement and Support in Norway. *Psychiatric Rehabilitation Journal, Special Issue on International Implementation of Individual Placement and Support*. 43(1), 9–17. <http://doi.org/10.1037/prj0000366>

Sveinsdottir, V., Eriksen, H. R., Baste, V., Hetland, J., & Reme, S. E. (2018). Young Adults at Risk of Early Work Disability: Who are they? *BMC Public Health*, 18, 1176. <http://doi.org/10.1186/s12889-018-6095-0>

Reme, S. E., Monstad, K., Fyhn, T., Sveinsdottir, V., Lovvik, C., Lie, S. A., & Overland, S. (2018). A randomized controlled multicenter trial of individual placement and support for patients with moderate-to-severe mental illness. *Scand J Work Environ Health*. <http://doi.org/10.5271/sjweh.3753>

Linnemørken, L. T. B., Sveinsdottir, V., Knutzen, T., Rødevand, L., Hernaes, K. H., & Reme, S. E. (2018). Protocol for the Individual Placement and Support (IPS) in Pain Trial: A randomized controlled trial investigating the effectiveness of IPS for patients with chronic pain. *BMC Musculoskelet Disord*, 19(1), 47. <http://doi.org/10.1186/s12891-018-1962-5>

Sveinsdottir, V., & Bond, G. R. (2017). Barriers to Employment for People with Severe Mental Illness and Criminal Justice Involvement. *J Ment Health*, 1-9. <http://doi.org/10.1080/09638237.2017.1417556>

Sveinsdottir, V., Tveito, T. H., Bond, G. R., Grasdal, A. L., Lie, S. A., & Reme, S. E. (2016). Protocol for the SEED-trial: Supported Employment and preventing Early Disability. *BMC Public Health*, 16, 579. <http://doi.org/10.1186/s12889-016-3280-x>

Sveinsdottir, V., Eriksen, H. R., Ursin, H., Hansen, A. M., & Harris, A. (2016). Cortisol, Health, and Coping in Patients with Nonspecific Low Back Pain. *Appl Psychophysiol Biofeedback*, 41(1), 9-16. <http://doi.org/10.1007/s10484-015-9300-2>

Sveinsdottir, V., Løvvik, C., Fyhn, T., Monstad, K., Ludvigsen, K., Øverland, S., & Reme, S. E. (2014). Protocol for the effect evaluation of Individual Placement and Support (IPS): a randomized controlled multicenter trial of IPS versus treatment as usual for patients with moderate to severe mental illness in Norway. *BMC Psychiatry*, 14, 307. <http://doi.org/10.1186/s12888-014-0307-7>

Sveinsdottir, V., Eriksen, H. R., & Reme, S. E. (2012). Assessing the role of cognitive behavioral therapy in the management of chronic nonspecific back pain. *J Pain Res*, 5, 371-380. <https://doi.org/10.2147/JPR.S25330>

Reports

- 2021 Fyhn, T., Radlick, R., Sveinsdottir, V. Unge som står utenfor arbeid, opplæring og utdanning (NEET). En analyse av unge i NEET-kategorien. Bergen: NORCE Norwegian Research Centre
- 2021 Boysen, K. R., Brastad, B., Elgersma, I. H., Fyhn, T., Sveinsdottir, V. Kartlegging og evaluering av forsøksprosjektet #syktbrajobb. Sluttrapport. Kristiansand: Oxford Research
- 2020 Sveinsdottir, V., Fyhn, T., Frangakis, M., Opsahl, J. (2020). Effektevaluering av Raskt i jobb for flyktninger – en randomisert kontrollert studie. Bergen: NORCE Norwegian Research Centre
- 2016 Reme, S. E., Monstad, K., Fyhn, T., Øverland, S.N., Ludvigsen, K., Sveinsdottir, V., Løvvik, C., Lie, S.A. (2016). Effektevaluering av Individuell jobbstøtte (IPS): Sluttrapport. Uni Research
- 2014 Løvvik, C., Olsen, I.B., Fyhn, T., Øverland, S.N., Monstad, K., Ludvigsen, K., Sveinsdottir, V., Lie, S.A., Reme, S.E. (2014). Effektevaluering av Individuell jobbstøtte - Delrapport 1. Uni Research

Selected popular science

- 2022 *Måtte hjelpe meg selv først*. Magazine article in «KLP magasinet» and online, 18.11.22

- 2021 *14000 unge i Norge står nå utenfor utdanning og arbeid.* Radio interview on NRK P1 Nordland, 26.08.21
- 2021 *114.000 unge står utenfor – Olaug (25) var uten jobb i seks år.* Article at NRK.no, 26.08.21
- 2020 *Ungt utenforskap.* Podcast with «Lektor Lomsdalen», 06.11.20
- 2020 *Unge utenfor arbeid, utdanning og opplæring.* Comments in Dagens Næringslivs magasin D2, 25.09.20
- 2019 *«Jobbspesialister» fikk seks ganger flere unge slitere ut i jobb.* Article at NRK.no, 27.06.19
- 2019 *Jobbspesialistar fekk unge i arbeid.* Radio report on NRK Nyhetsmorgen, 27.06.19
- 2018 *Pionerprosjekt skal få flyktninger raskt i jobb.* Article in Magasinet Velferd, 17.12.18
- 2018 *Unge som verken går på skole eller jobber: Hvem er de?* Article at Forskning.no, 09.11.18 (the 3rd most read article at forskning.no in 2018)
- 2017 *Uføretrygd er i mange tilfeller et dårlig alternativ.* Main article in Magasinet Velferd, 16.06.17
- 2017 *Har virkelig ikke arbeid noe med helse å gjøre?* Opinion piece at Forskning.no, 06.06.17
- 2015 *Hjertepasienter tar ikke medisiner riktig.* Article in Sykepleien.no, 02.11.15
- 2015 *For syk til å jobbe eller for syk til å la være?* Opinion piece at NRK Ytring, 25.03.15

Poster presentations

- 2016 *IPS Supported Employment: Across borders and patient groups?* 4th WDPI Conference: Work Disability Prevention Knowledge, Amsterdam, Netherlands, September 2016.
- 2014 *The SEED-trial: Supported Employment and preventing Early Disability.* 3rd WDPI Conference: Implementing Work Disability Prevention Knowledge, Toronto, September/October 2014.
- 2014 *Cognitive Behavioral Therapy in the Management of Chronic Nonspecific Back Pain.* 13th International Congress of Behavioral Medicine (ICBM), Groningen, August 2014.
- 2012 *Cortisol and Subjective Health Complaints in Patients with Unspecific Chronic Low Back Pain.* 12th International Congress of Behavioral Medicine (ICBM), Budapest, August 2012.

Selected oral presentations

- 2022 *IPS i norsk kontekst og forskning på nye målgrupper.* Invited presentation at "IPS konferansen" in Oslo, Norway, 17.11.22
- 2020 *Individuell jobbstøtte hjelper «unge på randen» ut i arbeid.* Invited presentation at the conference "Ungt utenforskap" in Oslo, Norway, 19.10.20
- 2019 *IPS for "unge på randen" (SEED-studien) og «Raskt i jobb» med IPS for flyktninger.* Two invited presentations at "IPS-konferansen" in Oslo, Norway, 02-03.12.19
- 2019 *IPS i norsk kontekst og for nye målgrupper.* Invited presentation for the NAV, Litteraturhuset, Oslo, Norway, 12.02.19
- 2018 *Unge på randen: Ungt utenforskap, konsekvenser og mulige løsninger.* Invited presentation for NAV Bergenhus' Solstrand seminar, Os, Norway, 14.12.18
- 2018 *Individuell jobbstøtte (IPS) og inkludering i arbeidslivet.* Invited presentation for "Nasjonalt fagråd for arbeid og helse", Bergen, Norway 19.11.18

- 2018 *Individual Placement and Support (IPS) for Patients with Moderate to Severe Mental Illness in Norway: Practice, Research and Policy Issues*. Invited keynote presentation at Kennis- en Participatiefestival, 's-Hertogenbosch, Netherlands, 24.05.18
- 2018 *Individuell jobbstøtte (IPS)*. Invited presentation for Bergen Rotary Club, Bergen, Norway, 09.01.18
- 2017 *A Randomized Controlled Multicenter Trial of IPS for Patients with Moderate to Severe Mental Illness in Norway*. Presentation at the 12th ENMESH conference, Groningen, 05.10.17
- 2015 *Supported employment and preventing early work disability - the SEED trial*. Invited presentation at Harvard T.H. Chan School of Public Health, ERC seminar series, 16.11.15
- 2014 *The use of Cognitive Behavioral therapy (CBT) in Irritable Bowel Syndrome (IBS)*. 13th International Congress of Behavioral Medicine (ICBM), Groningen, 21.08.2014
- 2014 *The SEED-trial: A new project for preventing early disability*. Presentation for the Liberal Party's representatives in the Standing Committee on Health and Care Services, Bergen, 26.05.2014
- 2013 *The SEED-trial: A new project for preventing early disability*. Presentation for the Labor Party's representatives in the Standing Committee on Health and Care Services, Bergen, 11.12.2013