

## Curriculum vitae and track record

### PERSONAL INFORMATION

- Family name, first name: **Geretsegger, Monika**
- Date of birth: *06.11.1978*
- Sex: female
- Nationality: Austrian

Researcher unique identifier: <https://orcid.org/0000-0002-6219-0060>

URL for personal web site: <https://www.norceresearch.no/personer/monika-geretsegger>

### KEY QUALIFICATIONS

My key qualifications are in research on the effectiveness and applicability of music interventions in mental health, and on determinants of mental health and well-being in children and adults. Special competences include particularly high communicative and organisational skills as well as experience in leading teams. Primarily, I have been involved in the design and conduct of quantitative research such as systematic reviews and randomized controlled trials.

As a project coordinator for multinational trials, my responsibilities include coordinating activities, resources, equipment and information; preparing project proposals, schedules, and budgets; monitoring project progress; acting as point of contact and communicating project status to participating countries; creating and maintaining project documentation, plans, and reports.

With a broad academic background and extensive clinical expertise in the fields of adult mental health and autism spectrum conditions, I am especially interested in interdisciplinary research, and more recently also in participatory approaches and user engagement in research.

### EDUCATION

- 2015** PhD in Music therapy: **Disputation date: 19.04.2015.**  
Faculty of Humanities/Department of Communication and Psychology, Aalborg University, Denmark
- 2009** Master equivalent: Magistra rerum naturalium (Mag. rer. nat.) in Psychology  
Faculty of Psychology, University of Vienna, Austria
- 2008** Master equivalent: Magistra philosophiae (Mag. phil.) in Linguistics  
Faculty of Philological and Cultural Studies, University of Vienna, Austria
- 2005** Master equivalent: Magistra artium (Mag. art.) in Music therapy  
Department of Music and Movement Education and Music Therapy, University of Music and Performing Arts Vienna, Austria

### CURRENT AND PREVIOUS POSITIONS

- 2014-present** Senior Researcher  
GAMUT – The Grieg Academy Music Therapy Research Centre, NORCE Norwegian Research Centre AS, Bergen, Norway (50%) (pre-doctoral researcher at predecessor company Uni Research AS until April 2015)
- 2006-present** Music therapist  
Department of Social Psychiatry, Regional Hospital Hollabrunn, Austria (50%)
- 2010-2014** Project employee  
Department of Applied Psychology: Health, Development, Enhancement and Intervention, Faculty of Psychology, University of Vienna, Austria (50%)
- 2005-2011** Data entry & administration for the VITA (Vienna Transdanube Aging) study  
Institute of Medical Statistics, Medical University Vienna, Austria
- 2004-2014** Music therapist  
Private practice, Vienna, Austria

## FELLOWSHIPS AND AWARDS

- 2017-2018 Seed funding for the CAP-C research group for establishing an international research project on mental health of children of parents with a mental illness using the Capability Approach (Ludwig Boltzmann Society, Vienna, Austria; EUR 50.000)
- 2010-2014 PhD Mobility Fellowship from the Doctoral Programme in Music Therapy, Department of Communication and Psychology, Aalborg University, Denmark (Danish Council for Independent Research/Humanities (FKK), Denmark; approx. DKK 620.000)

## PROJECTS

- 2017-present Project Coordinator; Music Interventions for Dementia and Depression in ELderly care: International multicentre cluster-randomised controlled trial (MIDDEL) – funded by the Australian National Health and Medical Research Council, approx. AUD 1M (approx. NOK 6M), PI: Felicity Baker, and by intramural support from Uni Research AS, PI: Christian Gold
- 2017-present Researcher, CAPable Children: Creating real opportunities for children of parents with mental illness (CAP-C), research project initiated through the “Open Innovation in Science” programme of the Ludwig Boltzmann Society, Vienna, Austria; funding pending
- 2018-2019 Project Coordinator; PraksisNett – Norwegian Primary Care Research Network: Pilot project on music therapy for depression in primary health care – funded by Uni Research AS (“Basisbevilgning”), NOK 999.600, PIs: Christian Gold and Sabine Ruths
- 2015-2016 Project Coordinator; Randomised controlled Trial of Improvisational Music therapy's Effectiveness for children with Autism spectrum disorders (TIME-A) – funded by the Research Council of Norway, NOK 15M, PI: Christian Gold
- 2010-2016 Site Manager for Austria; Randomised controlled Trial of Improvisational Music therapy's Effectiveness for children with Autism spectrum disorders (TIME-A) – part of PhD study, funded by the Research Council

## SUPERVISION OF GRADUATE STUDENTS AND RESEARCH FELLOWS (if applicable)

- 2016-2017 Co-supervisor for 1 PhD student  
 Doctoral Programme in Music Therapy, Aalborg University, Denmark
- 2015-2017 Co-supervisor for 1 Master student  
 Faculty of Humanities, University of Bergen, Norway

## TEACHING ACTIVITIES

- 2015; 2018 Guest teacher – topics: Improvisational music therapy and autism/Treatment fidelity in music therapy; University of Music and Performing Arts Vienna, Austria
- 2012 Guest teacher – topics: Music therapy and autism/Evidence-based practice in music therapy/Music therapy for post-partum depression/Music therapy in Austria; Jeonju University, South Korea
- 2011 Guest teacher – topic: Clinical music therapy methods in autism; Aalborg University, Denmark

## ORGANISATION OF SCIENTIFIC MEETINGS

- 2016 Organising Chair of the 10<sup>th</sup> European Music Therapy Conference (together with E. Fitzthum and T. Stegemann) / 600 participants from all over the world / Vienna, Austria
- 2011 Organiser of the International Symposium of the European Music Therapy Confederation (together with E. Fitzthum, E. Kaczynski, and E. Phan Quoc) / 80 participants from European countries / Vienna, Austria
- 2009 Organiser of the International Symposium of the European Music Therapy Confederation (together with E. Fitzthum and E. Phan Quoc) / 80 participants from European countries / Vienna, Austria

**COMMISSIONS OF TRUST**

- 2018-present Managing Editor, *Nordic Journal of Music Therapy*  
 2018 Peer reviewer for *Children's Health Care* and *International Journal of Language and Communication Disorders*  
 2017-present Associate Editor, *Nordic Journal of Music Therapy*  
 2016 Peer reviewer for *Emotion Review* and Jessica Kingsley Publishers  
 2013 Member of the Scientific Committee, 9<sup>th</sup> European Music Therapy Congress, Oslo, Norway  
 2013 Peer reviewer for *Music and Medicine*  
 2010; 2013 Peer reviewer for the *Nordic Journal of Music Therapy*  
 2010-2016 President, Austrian Association of Music Therapists (ÖBM)  
 2008-2018 Board member, Austrian Association of Music Therapists (ÖBM)

**MEMBERSHIPS OF SCIENTIFIC SOCIETIES**

- 2012-2015 Member of the Society for Research in Autism Spectrum Conditions (WGAS)

**MAJOR COLLABORATIONS**

- Prof. Dr. Felicity Baker, Dr. Jeanette Tamplin, Dr. Imogen Clark, Dr. Young-Eun Claire Lee (all at Faculty of Fine Arts and Music, University of Melbourne, Australia) – topic: music interventions for dementia and depression in elderly care
- Dr. Silvia Exenberger (Medical University Innsbruck, Austria); Dr. Brenda Gladstone (Dalla Lana School of Public Health, University of Toronto, Canada); Dr. Bente Weimand (Akershus University Hospital / OsloMet – Metropolitan University, Norway) – topic: determinants of mental health and well-being in children of parents with mental illness

**CAREER BREAKS**

- 02/2019-03/2020 Maternity leave, duration: 14 months  
 08/2016-09/2017 Maternity leave, duration: 14 months

**TRACK RECORD**

**Total number of publications during the career:** 14 papers in peer-reviewed journals; 9 book chapters; 2 editorials; 7 invited presentations to international conferences; 4 conference abstracts in peer-reviewed journals; 18 peer-reviewed presentations at international conferences

**List of up to ten publications, from the last ten years, in major international peer-reviewed multi-disciplinary scientific journals and/or in the leading international peer-reviewed journals of our research fields, also indicating the number of citations:**

- Gold, C., Eickholt, J., Assmus, J., Stige, B., Wake, J. D., Baker, F. A., Tamplin, J., Clark, I., Lee, Y.-E. C., Ridder, H. M., Kreutz, G., Muthesius, D., Wosch, T., Ceccato, E., Raglio, A., Ruggeri, M., Vink, A., Zuidema, S., Odell-Miller, H., Orrell, M., Schneider, J., Kubiak, C., Romeo, R., & **Geretsegger, M.** (2019). Music Interventions for Dementia and Depression in ELderly care (MIDDEL): Protocol and statistical analysis plan for a multinational cluster-randomised trial. *BMJ Open*, 9, e023436. doi:10.1136/bmjopen-2018-023436 (**Google Scholar: 3 citations**)
- Stegemann, T., **Geretsegger, M.**, Phan Quoc, E., Riedl, H., & Smetana, M. (2019). Music therapy and other music-based interventions in pediatric health care: An overview. *Medicines*, 6, 25. doi:10.3390/medicines6010025 (**7 citations**)
- Bieleninik, Ł., **Geretsegger, M.**, Mössler, K., Assmus, J., Thompson, G., Gattino, G., Elefant, C., Gottfried, T., Iglizzi, R., Muratori, F., Suvini, F., Kim, J., Crawford, M. J., Odell-Miller, H., Oldfield, A., Casey, O., Finnemann, J., Carpente, J., Park, A. L., Grossi, E., & Gold, C. (2017). Effects of improvisational music therapy vs enhanced standard care on symptom severity among children with autism spectrum disorder: The TIME-A randomized clinical trial. *JAMA*, 318(6), 525-535. doi:10.1001/jama.2017.9478 (**67 citations**)

- Bieleninik, Ł., Posserud, M. B., **Geretsegger, M.**, Thompson, G., Elefant, C., & Gold, C. (2017). Tracing the temporal stability of autism spectrum diagnosis and severity as measured by the Autism Diagnostic Observation Schedule: A systematic review and meta-analysis. *PLoS One*, *12*(9), e0183160. doi:10.1371/journal.pone.0183160 **(23 citations)**
- Crawford, M. J., Gold, C., Odell-Miller, H., Thana, L., Faber, S., Assmus, J., Bieleninik, Ł., **Geretsegger, M.**, Grant, C., Maratos, A., Sandford, S., Claringbold, A., McConachie, H., Maskey, M., Mössler, K. A., Ramchandani, P., & Hassiotis, A. (2017). International multicentre randomised controlled trial of improvisational music therapy for children with autism spectrum disorder: TIME-A study. *Health Technology Assessment*, *21*(59), 1-40. doi:10.3310/hta21590 **(8 citations)**
- Geretsegger, M.**, Mössler, K. A., Bieleninik, Ł., Chen, X. J., Heldal, T. O., & Gold, C. (2017). Music therapy for people with schizophrenia and schizophrenia-like disorders. *Cochrane Database of Systematic Reviews*(5). doi:10.1002/14651858.Cd004025.Pub4 **(57 citations)**
- Geretsegger, M.**, Holck, U., Bieleninik, Ł., & Gold, C. (2016). Feasibility of a trial on improvisational music therapy for children with autism spectrum disorder. *Journal of Music Therapy*, *53*, 93–120. doi:10.1093/jmt/thv038 **(20 citations)**
- Geretsegger, M.**, Holck, U., Carpena, J., Elefant, C., Kim, J., & Gold, C. (2015). Common characteristics of improvisational approaches in music therapy for children with autism spectrum disorder: Developing treatment guidelines. *Journal of Music Therapy*, *52*(2), 258–281. doi:10.1093/jmt/thv005 **(69 citations)**
- Geretsegger, M.**, Elefant, C., Mössler, K.A., & Gold, C. (2014). Music therapy for people with autism spectrum disorder. *Cochrane Database for Systematic Reviews*(6), CD004381. doi:10.1002/14651858.CD004381.pub3 **(250 citations)**
- Geretsegger, M.**, Holck, U., & Gold, C. (2012). Randomised controlled trial of improvisational music therapy's effectiveness for children with autism spectrum disorders (TIME-A): Study protocol. *BMC Pediatrics*, *12*(2). doi:10.1186/1471-2431-12-2 **(108 citations)**

**Invited presentations to peer-reviewed, internationally established conferences and/or international advanced schools:**

- Geretsegger, M. (2019, June). *Resonating research – What is needed to make music therapy research and implementation more relevant, meaningful, and innovative?* Invited keynote at the 11th European Music Therapy Conference, Aalborg, Denmark.
- Geretsegger, M. (2017, November). *Facilitating moments of musical and emotional attunement in improvisational music therapy with children on the autism spectrum.* Invited paper presented at the 5th Mozart & Science International Conference on Music for Medicine and Therapy, Krems, Austria.
- Geretsegger, M. (2015, October). *Standardizing a flexible and individualized complex intervention: Improvisational music therapy for children with ASD across countries.* Invited paper presented at the Conference “International Perspectives on Improvisational Music Therapy and Autism Spectrum Disorder: Research and Practice”, Molloy College, Rockville Centre, NY, USA.
- Geretsegger, M. (2015, May). *Defining improvisational music therapy: Development of a treatment guide for children with autism spectrum disorder (ASD).* Invited paper presented at the Conference “Developmental Interventions for Autism: Evidence-Based Research”, The Rebecca Center for Music Therapy at Molloy College, NY, USA.
- Geretsegger, M. (2014, July). *TIME-A – an international RCT on the effectiveness of music therapy in ASD.* Invited contribution to the symposium “Evidence-based music therapy” presented at the 26th Annual Meeting of the European Academy of Childhood Disability, Vienna, Austria.
- Geretsegger, M. (2013, October). *What we share: International perspectives on music therapy research and clinical practice in autism.* Invited keynote presented at the 1st Ibero-American Congress of Music Therapy Research (1er. Congreso Iberoamericano de Investigación en Musicoterapia), Lousada/Porto, Portugal